

General Introduction

Welcome to the Cornwall Glass and Glazing GP Annual Awards Presentation 2011

The 2011 GP was again competed over 15 races ranging from the 4 mile Turkey Trot to the Duchy and Cornish Marathons. A minimum of 8 completed races was the requirement to feature in the final GP standings and receive a 'Finisher's Memento'.

634 men (573 in 2010) and **555 ladies** (470 in 2010) have entered at least one event this year and **231** (188 in 2010) have **completed their 8 races**, plus all vets categories.

23 runners (4 female and 19 male) have **completed all 15 GP events** (24 in 2010)

The '**Mini GP Series**' for Under 20's is continuing to encourage the younger runners to participate in the shorter events. This has again proved very popular as the awards will show later.

The 2012 Grand Prix will include all the 2010 races and again be competed for, over these 15 races, with the usual 8 race finishing requirement.

2012 will see the introduction of a 'Multi - Terrain' Grand Prix Series of 10 races.

As in previous years, all the trophies on display here today are provided by St Austell Trophies and they have been very co-operative again this year, as the final positions and number of 8 race qualifiers were not known until after last Sunday's Cornish Marathon. As you can imagine it's been quite a hectic week for them, as all the vets and individual trophies include the winners name.

St Austell Trophies supply medals, memento's, club clothing, etc, so please give him a ring if you want a price for your Race Prize list. Tim or Robin can be contacted on 01726 73077 or www.staustell-trophies.co.uk

Introduction to GP Sponsors :

Angus Herdman is representing Cornwall Glass and Glazing who are kindly sponsoring the GP for the third year of their 3 year sponsorship, and we are extremely grateful for their support.

The annual financial contribution of £1000 from Cornwall Glass and Glazing is spent entirely on these awards with the balance of cost made up from the GP fund, where 60p of each runners race entry fee contributes to this fund.

Cornwall Glass and Glazing have confirmed the extension of their sponsorship for 2012, which is extremely good news, and strengthens the GP position going forward.

I'll pass you over to Angus to say a few words.....and hand over his cheque!!

Mini Grand Prix Male Under 20

1st	Dan Nash	East Cornwall Harriers	300 maximum
2nd	Aaron Jose	Cornwall Athletic Club	
3rd	Steven Sims	East Cornwall Harriers	

Male Open

1st	Dan Alsop	St Austell Running Club	
2nd	Colin Snook	Cornwall Athletic Club	
3rd	Justin Thomas	Cornwall Athletic Club	

Male Under 40

1st	Dan Alsop	St Austell Running Club	
2nd	Colin Snook	Cornwall Athletic Club	
3rd	Justin Thomas	Cornwall Athletic Club	

Male Vet 40

1st	Adrian Ball	Cornwall Athletic Club	800 maximum
2nd	Justin Day	Cornwall Athletic Club	
3rd	Shaun Tozer	Cornwall Athletic Club	

Male Vet 45

1st =	Rich Savage	Mounts Bay Harriers	
1st =	Duncan Oakes	St Austell Running Club	
3rd	Tony Morris	St Austell Running Club	

Male Vet 50

1st	Barrie Cardew	Carn Runners	
2nd	Bob Beckett	Cornwall Athletic Club	
3rd	Mark Andrews	East Cornwall Harriers	

Male Vet 55

1st	Malcolm Roberts	St Austell Running Club	
2nd	Robert Richards	Hayle Runners	
3rd	Steve Rawson	Truro Running Club	

Male Vet 60

1st	Tom Polglase	Carn Runners	800 maximum
2nd	Doug Alsop	St Austell Running Club	
3rd	Pat Lockett	Newquay Road Runners	

Male Vet 65

1st	Stewart Townend	Hayle Runners	800 maximum
2nd =	Clive Hibbert	Mounts Bay Harriers	
2nd =	Ron Shapland	Newquay Road Runners	

Male Vet 70

1st	Norris Kington	Cornwall Athletic Club	800 maximum
2nd =	Kevin O'Mahoney	Launceston Road Runners	
2nd =	Alan Smith	East Cornwall Harriers	

Male Vet 75

1st

Tony Berry

Truro Running Club

800 maximum

Mini Grand Prix Female Under 20

1st	Josephine Gilbert	St Austell Running Club
2nd	Jess Behennah	East Cornwall Harriers
3rd	Katie Beckett	Cornwall Athletic Club

Female Open

1st	Emma Stepto	Cornwall Athletic Club
2nd	Naomi Tier	Cornwall Athletic Club
3rd	Kathryn Burgess	Cornwall Athletic Club

Female Under 35

1st	Naomi Tier	Cornwall Athletic Club
2nd	Kathryn Burgess	Cornwall Athletic Club
3rd	Sarah Kenworthy	Hayle Runners

Female Vet 35

1st	Faye Toms	Hayle Runners
2nd	Charlotte Bennett	Hayle Runners
3rd	Rachael Thomas	Cornwall Athletic Club

Female Vet 40

1st	Emma Stepto	Cornwall Athletic Club	800 maximum
2nd =	Karen Harrison	Carn Runners	
2nd =	Nancy Hill	Mounts Bay Harriers	

Female Vet 45

1st	Revis Crowle	East Cornwall Harriers
2nd	Diane Roy	East Cornwall Harriers
3rd	Sharon Daw	East Cornwall Harriers

Female Vet 50

1st	Jeanette Duncan	Newquay Road Runners
2nd	Susan Chapman	Hayle Runners
3rd	Carol Penberthy	Tri Logic

Female Vet 55

1st	Sue Burges	Launceston Road Runners
2nd	Philippa Baker	Launceston Road Runners
3rd	Carol Culley	Carn Runners

Female Vet 60

1st	Terry Marshall	Falmouth Road Runners
2nd	Cheryll Leach	Launceston Road Runners
3rd	Jennifer Pearce	Newquay Road Runners

Female Vet 65

1st	Lisa Wright	Newquay Road Runners
2nd	Val Hawken	Newquay Road Runners

Carn Runners**Cornwall AC****East Cornwall H****Falmouth RR****Hayle Runners****Launceston RR****Male U20**

Mark Budge
Liam Gallantry
Jordan May
Cadan Crowle

Kieran Murrant

Male Open

Mark Wreford
Peter Kearney
Robert Rochowiak
Peter Drew
Richard Harvey

Phillip Tugwell
Phil Bolt
Aaron Roger
Lee Burrows
Will Hutchins
Christopher Linthwaite
Graham Storer
Viv Bray
Simon Williams
Adrian Mutsaers
Rob West
Paul Riley

Mark Budge
Chris Ullman
Liam Gallantry
Ian Littlewood
Jordan May
Alan Green
Rupert Warwick
Ch'e A'lee

Richard Dalton
Paul Gwynne
Richard Keefe
Roger Brown
Andrew Pye
Neil Greenhill
Kim Hemsworth
Roy Newton
David Garrard
Tony Brewer
Julian Evans
Keith Marshal

Richard Mayes
Richard Horswell
Mike Dowrick
Kieran Murrant
Anthony Burrows
Sreve Corrigan
Craig Tonkin
James Manning
Andrew Blight
Michael Penberthy
Paul Morris
Andy Moore
Martin Curtis
Mike Baldwin
Andy Harper
Frank Burnell
Brian Smith
Cas Leo
Glen Fraser
Colin Thomas
Mike Wright
Tom Brennan
Jordan Morant
Adrian Bastion

Dan Rogers
Alan Littlejohns
Michael Carpenter
Martin Venning

Bodmin W.R.N.

Carn Runners

Cornwall AC

East Cornwall H

Falmouth RR

Hayle Runners

Launceston RR

Female U20

Female Open

Amanda Diamond
Alison Parsons
Jenny Saunter
Sharon Perring
Jennie Massey
Hazel Maclaren

Olivia Pellowe
Dawn Scallon
Sarah Hutchins
Margaret Wade
Judy Jameson
Sandy Jamieson

Jenny Almey
Caroline Chesterfield
Julia Pearce
Kirstie Mutsaers
Anna Trehane
Nicol Billinge

Louise Littlewood
Sarah Kriskovic

Emily Cook
Tammy Jenkin
Anna Curtis
Marissa Falcione
Debbie McColl
Catherine Leyshor
Trudie Johns

Rachel Goldsworthy
Faye Toms
Debbie Harrison
Michelle Foreman
Casey Litt
Becky Lee
Kathrine Osborne
Anne Senior
Carol Rouncefield
Kerry Wills
Jayne Greef
Jackie Bowden
Mo McPhail
Nikki Carter
Sherry Haley
Mo Smith
Wendy Pascoe
Lesley Alexander
Jo Kirk
Valerie Brennan
Karen Nimmo
Naila Henry
Suzy Macintosh
Rachel Bowker

Joanna Northey
Ann Venning

Looe Pioneers

Mile High

Moorhaven RC

Mounts Bay H

Newquay RR

St Austell RC

Tamar Trotters

Tri-Logic

Truro RC

Tom Wood

Malcolm Palin
Peter Catnach
Gary Bennett

Richard Pascoe
Andrew Martin

David Hatch
Jason Hulcoop

Andrew Hickson
Matt Lawless
Chris Ford
Charlie Holden
Paul Angove
Steven Richards
Ian James
Richard Boucher
Sam Perkin
Duncan Kane
Robert Burrows
Mark Squire

Steve Marks
Alex Daniels
Chris Dominey
Peter Allen
David Wooldridge
Kevin Emerton
Stephen Restall
Mike Kestle
Glyn Talling
Colin Martin
Martin Trethewey
Dave Edlin
Spud Yeomans
Steve Henry
Chris Lobb
Des Evans
Roy Isherwood
Roger Menzies
Steve Rendle
Phillip Ciano
Andrew Laming
Geoff Harris

Laurie Lee
Andy Trudgian
Simon Jones
Matthew Nicholas
Steve Martin
Tom Howell
Shawn Ferris
Andy Young
Tim Clifford
Martin Pipet
Geoff Bazeley
Garry Player
Dave Speake
Colin Hoult
Andrew Budge
Reg Eden
Dave Endean
Ian Watkins
Phil Lean
Terry Wyatt
Gary Jane

Nicolas Petit
John Smith
Jan Duke
Peter Wilson
John Ainsworth

Tony Rowell

Andrew Goundry
Rob Cockings
Grahame Nicholls
Nick Jeans

Looe Pioneers

Mile High

Moorhaven RC

Mounts Bay H

Newquay RR

St Austell RC

Tamar Trotters

Tri-Logic

Truro RC

Yvonne Turner
Jackie Stone

Tracey Emmerton
Lucy Talling
Liane Holt
Sharon Willis
Nicola Phillips
Charlie Trethewey
Donna Francis
Rachel Turner
Linda Whitney

Kathy Clarke
Deb Grills
Lianne Rickson
Helen Stuthridge
Melissa Moriarty
Lucy Wright
Claire Budge
Daniella Walker
Katie Bullock
Debra Watts
Tracey Macfadden
Georgina Speake
Alison Coleman
Viv Venning
Emma Watkins
Griannia Blake

Loiuse Kelsey
Maggie Bunting
Helen Roper
Elaine Hill
Jenny Pitt
Clare Jardine

Hana Clitherow
Lynne Donohue
Julie Johns
Anna Morford
Dianne Boardman
Stephanie Boon
Margaret Bullen

Male Teams 2011**Points**

1st	Cornwall Athletics Club	800	Trophies
2nd	St Austell Running Club	793	
3rd =	Newquay Road Runners	785	
3rd =	Hayle Runners	785	
5th	Mounts Bay Harriers	780	
6th	East Cornwall Harriers	773	
7th	Falmouth Road Runners	761	
8th	Tamar Trotters	753	
9th	Carn Runners	749	
10th	Truro Running Club	739	
11th	Launceston Road Runners	732	
12th	Looe Pioneers	726	

The Tweedie Shield**1st Male Team 2011****Cornwall Athletic Club****Female Teams 2011****Points**

1st	Cornwall Athletics Club	800	Trophies
2nd	Hayle Runners	793	
3rd	East Cornwall Harriers	791	
4th	Mounts Bay Harriers	781	
5th	Newquay Road Runners	778	
6th	St Austell Running Club	778	
7th	Tamar Trotters	761	
8th	Falmouth Road Runners	760	
9th	Carn Runners	751	
10th	Truro Running Club	741	
11th	Launceston Road Runners	735	
12th	Bodmin Womens Running Club	732	
13th	Looe Pioneers	88	

The Julia Fox Shield**1st Female Team 2011****Cornwall Athletic Club****Highest Number of Finishers in GP Races**

			Average	
1st	Hayle Runners	899	60 per race	Trophies
2nd	St Austell Running Club	828	55 per race	
3rd	Newquay Road Runners	604	40 per race	

Grand Prix Most Improved Runners 2011

These 2 awards are for the Most Improved Male and Female Runners throughout all competing clubs in the Grand Prix

The awards are open to runners of all abilities and paces, who have made big improvements in their race times from year to year

Each club has had the opportunity to nominate potential candidates for consideration by a panel of 4, who have decided on the following winners

The following nominations were put forward by their respective clubs.....

Cliff Temple Shield (Most Improved Female Runner of 2011)

Tammy Jenkin	Falmouth Road Runners
Helen Rule	Hayle Runners
Katie Bullock	St Austell Running Club
Karen Harrison	Carn Runners
Sue Burges	Launceston Road Runners
Karen MacClay	Mounts Bay Harriers

St Austell Trophies Shield (Most Improved Male Runner of 2011)

Roger Brown	Falmouth Road Runners
Scott Abraham	Hayle Runners
Tim Adams	St Austell Running Club
Mark Andrews	East Cornwall Harriers
Paul Angove	Mounts Bay Harriers

Richard Pascoe	Mile High	No 2010 comparison
Dan Rogers	Launceston Road Runners	

There were the usual some excellent performances by all these contenders and each would have been a worthy winner in their own right, but the panel has made the following decision

Cliff Temple Shield (Most Improved Female Runner of 2011)

Helen Rule	Hayle Runners	Unanimous decision
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St Austell Trophies Shield (Most Improved Male Runner of 2011)

Roger Brown	Falmouth Road Runners	Majority Decision
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Oldest Runner on the GP Circuit

Tony Berry (Truro Running Club)

(presented by Don Bristow of Hayle Runners)

Official GP Timekeepers

Derek Burrows (trophy)

Spud Yeomans (trophy)

Linda Pollard (trophy)

Jay Cross (trophy)

Supplying Venue for this Presentation

Falmouth Beach Resort Hotel (trophy)

GP Sponsor

Cornwall Glass and Glazing (trophy)

Sincere Thanks

Race Registration Team of Jan Sargent and Ann Shapland

Doug Alsop for compiling the GP tables

15 Race Finshers

Male	Justin Thomas	Cornwall Athletics Club	
	Duncan Oakes	St Austell Running Club	
	Rich Savage	Mounts Bay Harriers	
	Scott Abraham	Hayle Runners	3 years continuous
	Stuart Nicholas	St Austell Running Club	
	Tim Adams	St Austell Running Club	3 years continuous
	Tony Morris	St Austell Running Club	
	Matt Curtis	Hayle Runners	3 years continuous
	Jason Shipton	Tamar Trotters	
	Derek Smith	Hayle Runners	3 years continuous
	Lee Channon	Cornwall Athletics Club	
	Daniel Margetts	Looe Pioneers	
	Stephen Jones	Carn Runners	
	Paul Bullock	St Austell Running Club	
	Paul Barley	Looe Pioneers	
Geoff Bate	St Austell Running Club		
Ray Frith	Newquay Road Runners		
James Asser	St Austell Running Club	2 years continuous	
19	Roger Carter	Looe Pioneers	
Female	Helen Rule	Hayle Runners	2 years continuous
	Sarah Webb	Falmouth Road Runners	
4	Alison Thomas	Hayle Runners	
	Samantha Rogers	Tamar Trotters	
23 total			